

Mid-West University
Examinations Management Office

End Semester Exam-2082

B.Ed. Level / V Semester

Sub: Nutrition Education (POP453/454)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. Which is the cause of Anaemia?
 - a. Lack of iron
 - b. Lack of vitamin A
 - c. Lack of nutrition
 - d. Lack of vitamin c
2. Odema of body is theof kwashiorkor.
 - a. causes
 - b. symptoms
 - c. types
 - d. all of above
3. Which one of the followings is not associated in the group of balance diet?
 - a. Fruits
 - b. Milk product
 - b. Beverages
 - d. None of above
4. Which one of the followings is the domestic method of food storage?
 - a. Heat and cold Method
 - b. Dehydration
 - c. Sterilization
 - d. Salting
5. The effect of adulteration is.....
 - a. heart failor
 - b. headache
 - c. stomachache
 - d. high favour
6. The scientific word of food is ...
 - a. nutrition
 - b. protein
 - c. vitamin
 - d. all of above
7. Choose the cause of malnutrition.
 - a. Availability of education
 - b. poverty
 - c. Love and affection
 - d. None of above
8. Which one of the followings is included in the group of polysaccharide?
 - a. Glucose
 - b. Maltose
 - c. Starch
 - d. Lactose
9. Low quality food material is harmful for...
 - a. consumer's health
 - b. different product
 - c. consumer's education
 - d. all of above
10. Which one of the followings is not included in the classification of Anaemia?
 - a. Megaloblastic Anaemia
 - b. Normocytic Anaemia
 - c. Hemolyttic Anaemia
 - d. Hypoplastic Anaemia

Mid-West University
Examinations Management Office

End Semester Exam-2082

Level: B.Ed. / V Semester

FM: 60

Time: 3 hrs

PM: 30

Sub: Nutrition Education (POP453/454)

Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. Write the meaning and the importance of food.
2. Describe the food value from the perspective of socio-cultural point of view.
3. Socio-economic status is a way to assess the nutritional status of children. Justify it with your logic.

Or

Prevalence of disease is the leading factor of malnutrition. Explain.

4. Introduce Anaemia and list out its causes.
5. Discuss the food preservation method used in your locality.
6. How to make a plan for making balance diet from local resources?

Or

List out the consumers right in the context of Nepal.

Group 'C'

2 × 10 = 20

7. List out the leading factors of malnutrition and explain them briefly.
8. Explain the food policy and strategy in the context of Nepal.

Or

What is carbohydrate? Write its chemical composition, functions and sources.

THE END