



Mid-West University  
**Examinations Management Office**

End Semester Exam-2082

Level: B.Ed. / V Semester

FM: 60

Time: 3 hrs

PM: 30

**Sub: Nutrition Education (POP453/454)**

*Candidates are requested to give their answers in their own words as far as practicable.*

Attempt All the Questions.

**Group 'B'**

**6 × 5 = 30**

1. Write the meaning and the importance of food.
2. Describe the food value from the perspective of socio-cultural point of view.
3. Socio-economic status is a way to assess the nutritional status of children. Justify it with your logic.

**Or**

Prevalence of disease is the leading factor of malnutrition. Explain.

4. Introduce Anaemia and list out its causes.
5. Discuss the food preservation method used in your locality.
6. How to make a plan for making balance diet from local resources?

**Or**

List out the consumers right in the context of Nepal.

**Group 'C'**

**2 × 10 = 20**

7. List out the leading factors of malnutrition and explain them briefly.
8. Explain the food policy and strategy in the context of Nepal.

**Or**

What is carbohydrate? Write its chemical composition, functions and sources.

**THE END**