

Mid-West University
Examinations Management Office

End Semester Exam-2082

B.Ed. Level / V Semester

Sub: Adolescent Health and Sexuality (HEP453/454)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. What is the age range defined by WHO for adolescence?
 - a. 10–24 years
 - b. 10–19 years
 - c. 12–18 years
 - d. 13–19 years
2. What is the primary purpose of peer relationships during adolescence?
 - a. To avoid loneliness
 - b. To develop social skills
 - c. To stay away from studies
 - d. To prepare for marriage
3. Which of the followings is not a characteristic of adolescence?
 - a. Rapid physical growth
 - b. Intellectual stagnation
 - c. Identity formation
 - d. Emotional development
4. What is conception?
 - a. When a baby is born
 - b. When a sperm fertilizes an egg
 - c. When the egg is released from the ovary
 - d. When the menstrual cycle starts
5. One of the major risks of early sexual activity in adolescents is:
 - a. Improved reproductive health
 - b. Early maturity
 - c. Unwanted pregnancy and STIs
 - d. Increased academic performance
6. Which of the followings is a temporary contraceptive method?
 - a. Vasectomy
 - b. Tubectomy
 - c. Condom
 - d. None of the above
7. Which of the followings is a common reason adolescent may be attracted to gang involvement?
 - a. Strong academic goals
 - b. Peer pressure and need for belonging
 - c. Family vacations
 - d. Interest in art and music
8. Which of the followings is a component of reproductive health?
 - a. Nutrition only
 - b. Mental health only
 - c. Family planning
 - d. Sports and fitness
9. Why is confidentiality important in adolescent health services?
 - a. To keep medical records secret from doctors
 - b. To make adolescents feel safe and respected
 - c. To hide illnesses from parents
 - d. To avoid paying fees
10. What does UNFPA primarily focus on?
 - a. Military training
 - b. Road construction
 - c. Reproductive and sexual health services
 - d. Banking system

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Level: B.Ed. / V Semester

FM: 60

Time: 3 hrs

PM: 30

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Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. What do you understand by adolescent health? List any three physical changes that occur during adolescence.
2. Why is sexual education important for adolescents? List two common sexual and reproductive health issues faced by adolescents.
3. What are the dangers of unhealthy dieting practices among adolescents?

Or

Why do some adolescents join gangs? What are the risks of gang involvement for adolescents?

4. Write any two challenges adolescents may face in relationships with the opposite sex.
5. How does society treat men and women differently regarding pre-marital sex?
6. What role does the family play in building decision-making skills in teenagers?

Or

What are the different methods of providing sex education?

Group 'C'

2 × 10 = 20

7. What is sexual orientation? How is sexual orientation different from gender identity?
8. Explain the role of international agencies like UNFPA and UNICEF in promoting adolescent-friendly and gender-sensitive health services.

Or

What is risky sexual behavior? Explain the impact of risky sexual behavior on adolescents. What role can sex education play in its prevention?

THE END