

Mid-West University
Examinations Management Office

End Semester Exam-2082

B.Ed. Level / V Semester

Sub: Foundations of Public Health (HEP451)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. "Public health is the science and art of preventing disease, prolonging life and promoting health and efficiency through organized community effort." Whose definition is this?
 - a. J.E. Park
 - b. WHO
 - c. Winslow
 - d. Bennet
2. When is World Consumer Day celebrated?
 - a. March 15
 - b. April 4
 - c. June 5
 - d. November 15
3. A person's health and wellbeing is dependent on a good start, good future, good care and good support. These influences, (social, economic, physical and environmental factors) are known as ...
 - a. Health care
 - b. Health promotion
 - c. Public health
 - d. Determinants of health
4. Which of the following frameworks is most commonly used in Nepal to design public health education interventions?
 - a. Health Belief Model
 - b. Theory of Planned Behavior
 - c. Social Cognitive Theory
 - d. All of the above
5. Which factor is most likely to influence consumers' health behavior?
 - a. Professional status
 - b. Family member and family status
 - c. Socio-economic/educational status
 - d. Health/welfare status
6. What is one of the major challenges facing community health services in rural Nepal?
 - a. Overstaffing of health workers
 - b. Limited access due to difficult geography and lack of resources
 - c. Excessive funding with no utilization
 - d. High urban migration of patients
7. Why is consumer health necessary?
 - a. To control unwanted food products.
 - b. To give information to the government about harmful goods.
 - c. To stabilize the standard and quality food market.
 - d. To make people aware about their rights and duties.
8. When was the Expanded Programme of Immunization implemented in Nepal?
 - a. 2028 B.S.
 - b. 2034 B.S.
 - c. 2040 B.S.
 - d. 2045 B.S.
9. Which of the followings is not a core function of public health?
 - a. Assessment
 - b. Policy Development
 - c. Assurance of services
 - d. Resource Mobilizations
10. Which act of consumer is also known as Umbrella Act?
 - a. Consumer Protection Act
 - b. Drug Abuse Control Act
 - c. Essential Substance Control Act
 - d. Standard Measurement Act

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Level: B.Ed. / V Semester

Time: 3 hrs

FM: 60

PM: 30

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Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. Define public health. Highlight aim and functions of public health.
2. What is social and cultural environment? Distinguish between built and natural environment.
3. Mention the goals, objectives and functions of the National Tuberculosis Control Programme.

Or

List the major scopes of public health. Describe them in short.

4. Differentiate between quack and quackery. How would you protect yourself and your society from those things? Explain.
5. What is teenage food faddism? Write down the examples of what can be done to protect teenagers from the effects of harmful product.
6. What is environmental health and sanitation? Explain the way to control infectious diseases in Nepali community.

Or

What might be the main sources when collecting data for a study on public health? Explain with examples.

Group 'C'

2 × 10 = 20

7. Describe the history of public health in Nepal and on mention the developments in the field of public health in different periods of Nepal.
8. List out the different major public health programmes in Nepal. Explain the expanded programme on immunization.

Or

What is consumer health rights? Make a list of government policy that protect consumer health rights and write about their actions.

THE END