

Mid-West University
Examinations Management Office
Surkhet, Nepal

End Semester Examination-2082

Level: B.Ed. / VI Semester

Sub: Occupational Health and Safety (HEP 463/464)

Roll No:

Group "A"

10×1 =10

Tick (✓) the best answers

1. All are the preventives measures of occupational health hazards except...
 - a. Protect and promote the health and wellbeing of the working population
 - b. Proper nutrition of workers
 - c. Environmental sanitation of working place
 - d. Communicable disease control among workers
2. The example of occupational related cancer is...
 - a. Skin cancer
 - b. Brain cancer
 - c. Bone cancer
 - d. Muscular cancer
3. Which of the following infectious diseases is commonly seen in industrial workers?
 - a. Measles
 - b. Tuberculosis
 - c. Lung cancer
 - d. Typhoid
4. When is international labour day celebrated?
 - a. June 11
 - b. May 11
 - c. May 1
 - d. June 1
5. If a worker gets infection with intestinal disease due to the dirty toilet and polluted water in work place, what kinds of hazards is it?
 - a. Chemical hazard
 - b. Biological hazard
 - c. Bacterial hazard
 - d. Epidemiological hazards
6. Which of the followings comes under physical hazards?
 - a. Accident
 - b. Mental disturbance
 - c. Tuberculosis
 - d. Vibration.
7. The aspect which is more related with chemical hazard is...
 - a. Harmful gases
 - b. Excess heat and cold
 - c. Ingestion of chemical through mouth
 - d. Excess light and noise
8. All are the principles of ergonomics design of work station except...
 - a. Minimizes contract stress
 - b. Work at the proper height
 - c. Reduces unnecessary motions
 - d. Identify the health hazards
9. The common occupational disease seen among agricultural workers is ...
 - a. Silicosis
 - b. Farmer's lungs
 - c. Pneumonia
 - d. Hook worm
10. Which of the followings is not a medical measure against occupational hazards?
 - a. Notification of workers
 - b. Health education and counseling
 - c. Environmental sanitation
 - d. Health examination

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Time: 3.00 hrs.

FM: 60

PM: 30

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Candidates are required to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6x5 = 30

1. Briefly explain occupational health and safety principles with illustration.
2. Discuss the chemical health hazards with examples
3. Discuss the government policy on occupational health and safety in Nepal

Or

Discuss the roles and responsibilities of occupational practitioners and advisors.

4. Describe OSHA safety guidelines in details.
5. Define risk and risk assessment. What do you follow the risk assessment procedures? Explain briefly.
6. What are the principles of ergonomics design of work station? Explain

Or

Discuss safety procedures and practices at workplace and school.

Group 'C'

2x10=20

7. Discuss occupational health and safety in your own words and briefly highlight and explain psychological hazards with examples.
8. Discuss occupational hazards and analyze health risk at occupational setting including school agriculture and industry.

Or

Why is comprehensive health program needed for workers and staff to controlled work place hazards and risk? Give reason with suitable arguments.

The End