

**Mid-West University**  
**Examinations Management Office**  
Surkhet, Nepal

**End Semester Examination-2082**

Level: B.Ed. / VI Semester

**Sub: Training and Leadership Development in Health Education**  
**(HEP465/466)**

Roll No: .....

**Group 'A'**

**10×1 =10**

**Tick (✓) the best answers.**

1. Which leadership style involves making decisions without consulting others?
  - a. Democratic
  - b. Autocratic
  - c. Laissez-faire
  - d. Transformational
2. A good leader should primarily have which quality?
  - a. Arrogance
  - b. Communication skills
  - c. Ignorance
  - d. Selfishness
3. Which of the followings is not a leadership trait?
  - a. Confidence
  - b. Empathy
  - c. Indecisiveness
  - d. Integrity
4. Which of the followings is the most important thing for effective decision-making in leadership?
  - a. Guesswork
  - b. Critical thinking
  - c. Favoritism
  - d. Avoidance of responsibility
5. In democratic leadership, how are decisions usually made?
  - a. By the leader alone
  - b. By consulting team members
  - c. By avoiding discussion
  - d. By top executives only

6. What is the purpose of a leadership development plan?
  - a. To increase salary only
  - b. To identify, grow, and support potential leaders
  - c. To eliminate weak employees
  - d. To avoid decision-making
7. What is the main objective of employee training?
  - a. To reduce salaries
  - b. To improve skills and performance
  - c. To promote favoritism
  - d. To increase workload
8. What is the first step in the training process?
  - a. Delivering content
  - b. Training needs assessment
  - c. Evaluation
  - d. Feedback collection
9. What is the main purpose of training evaluation?
  - a. To increase training duration
  - b. To measure the effectiveness of training programs
  - c. To reduce training cost
  - d. To hire more trainers
10. What is the final step in a training audit?
  - a. Selecting trainers
  - b. Budgeting
  - c. Reporting findings and making recommendations
  - d. Advertising the program

Mid-West University  
Examinations Management Office  
Surkhet, Nepal

End Semester Examination-2082

Level: B.Ed. / VI Semester

FM: 60

Time: 3.00 hrs.

PM: 30

Sub: Training and Leadership Development in Health Education  
(HEP465/466)

*Candidates are required to give their answers in their own words as far as practicable.*

Attempt All the Questions.

**Group 'B'**

6 x 5 = 30

1. Define leadership. What are the main qualities of a good leader?
2. What is transformational leadership? How does it differ from transactional leadership?
3. Why is team involvement important in the decision-making process of a leader?

Or

Define leadership development. Why is planning important in leadership development?

4. What are the major steps involved in conducting a training audit?
5. Who is a trainer? Describe the essential qualities of a good trainer.
6. How has technology influenced the contemporary trends in training for health education?

Or

Explain the Trait Theory of Leadership. Discuss its strengths and limitations.

**Group 'C'**

2×10=20

7. What is Training Need Assessment? Explain the major steps involved in conducting a Training Need Assessment
8. Explain the essential leadership skills required in health education. How can these skills be developed through training programs?

Or

Explain the importance of selecting the right training methodology in achieving training objectives.

**The End**