

Mid-West University
Examinations Management Office
Surkhet, Nepal

End Semester Examination-2080

Level: B.Ed. / V Semester

Time: 3.00 hrs

FM: 60

PM: 30

Sub: Adolescent Health and Sexuality (HEP 454)

Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions:

Group "B"

6×5 = 30

1. Describe the concept and features of adolescence health.
2. What is adolescence sex offenders and unsafe sexual behavior? Discuss.
3. Discuss the impact of sexual harassment in adolescence.

Or

Write the concept of sex and sexuality education.

4. Describe the structure and function of internal reproductive organs of female.
5. State the ways of safe sexual behavior and prevent from STDs
6. Discuss the need of friendly health service of adolescence.

Or

Write short notes.

a. Fertilization

b. Abortion

Group "C"

2×10 = 20

7. Discuss briefly the problems of teenagers related to the reproductive health. List the consequences of teenage sexual relationship.

8. Explain the roles of international agencies including UNFPA and UNICEF in promoting adolescent and gender friendly health services.

Or

Explain the function of family and roles of responsible parenthood.

THE END

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Roll No:

Group 'A'

10 × 1 = 10

Tick (✓) the best answers.

1. According to WHO which age group is considered to be adolescence?
a. 10 to 20 years
b. 13 to 18 years
c. 10 to 19 years
d. 9 to 19 years
2. Which one of the followings is not the problem of adolescence?
a. Ejaculation
b. sexual abuse
c. Masturbation
d. Early marriage
3. Which one of the followings is the best way to solve the problems of adolescence?
a. Sex education
b. Peer approach
c. Guidance and counseling
d. Parental guidance
4. Which one of the followings is not the characteristic of adolescence?
a. It is an transitional period
b. It is an period of rapid change
c. It is a time of search for identity
d. It is a time of realism
5. Acts that increase the risk of disease or injuries is...
a. health risk behavior
b. vulnerability
c. abuse
d. violence
6. Which one of the followings is not the male reproductive organ?
a. Penis
b. Vas difference
c. Epididymis
d. Ovary
7. Which one of the following hormones is not related with menstruation?
a. FSH
b. LH
c. Estrogen
d. Oxytocin
8. What is fertilization?
a. Penetration of the ovum by sperm
b. Formulation of zygote
c. Formulation of embryo
d. Ovum and sperm come together in vagina
9. When did Nepal government pass and implement legal' abortion law' in Nepal?
a. 2057BS
b. 2058 BS
c. 2059BS
d. 2060BS
10. What is marriage in our context?
a. Legal union of male and female as husband and wife
b. To make friendship with opposite sex
c. Living together
d. Individual relation