

11

Mid-West University
Examinations Management Office
Surkhet, Nepal

End Semester Examination 2080

Level: B.Ed. / VI Semester

FM: 60

Time: 3 hrs

PM: 30

Sub: Mental Health and Drug Abuse (HEP 463)

Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. What is the changing concept and importance of mental health?
Trace out the history of mental health service in Nepal
2. Describe the concept of use, misuse, abuse and drug addiction.
3. Describe the types of mental illness and write etiology the symptoms of schizophrenia.

Or

How do you identify that an individual is likely to become dementia? Explain the preventive measures of it.

4. List out the classifications of drug? How can drug rehabilitation centers help drug addicts?
5. Make a list of what programs would be effective in schools and communities to prevent smoking, tobacco and drugs.
6. What are the effects of passive smoking? How can smoking cessation program in the community, effectively, be implemented? Discuss.

Or

Explain the types of mental disorders and mental illness and also mention the ways of managing the mental illness person.

Group 'C'

2 × 10 = 20

7. What are the different purposes of using alcohol in different communities of Nepal and what are its short and long term effects?
8. Trace out the history of tobacco consumption. Mention the legal arrangements made by the Government of Nepal for the control of tobacco consumption.

Or

What are the major types and effects of dangerous drug? What factors determine the drug addiction among the youth?

THE END

Mid-West University
Examinations Management Office
Surkhet, Nepal

End Semester Examination 2080

B.Ed. Level /VI Semester

Sub: Mental Health and Drug Abuse (HEP 463)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. Which one drug is called the "king of narcotics drug"?
 - a. Opium
 - b. Heroin
 - c. Morphine
 - d. Hashish
2. Which one of the followings is not the characteristic of a mentally healthy person?
 - a. Self respect
 - b. Accept shortcomings
 - c. Meet the demand of life
 - d. Trust others
3. All of the followings are the social indicators of mental illness except.
 - a. violence
 - b. loneliness
 - c. suicide
 - d. criminal activities
4. Which one of the followings connotes stimulant drug?
 - a. Cocaine
 - b. Barbiturates
 - c. Cannabis
 - d. Heroin
5. Which one of followings is the major mental illness?
 - a. Schizophrenia
 - b. Hysteria
 - c. Depression
 - d. Anxiety
6. Morphine falls under :
 - a. stimulants
 - b. depressants
 - c. hallucinogens
 - d. narcotics
7. When was the mental health policies formulated in Nepal?
 - a. 2052 B.S.
 - b. 2055 B.S.
 - c. 2050 B.S.
 - d. 2048 B.S.
8. Which one of the following drugs comes under the depressants?
 - a. tranquilizers
 - b. heroin
 - c. methedrine
 - d. dhathuro
9. Which one of the following mental illnesses is generally referred to as "disorder of intelligency"?
 - a. Delirium
 - b. Dementia
 - c. Paranoid
 - d. Schizophrenia
10. What is the long term effect of alcoholism?
 - a. Insomnia
 - b. Cirrhosis of liver
 - c. Vision impaired
 - d. Mote function impaired