

Mid-West University
Examinations Management Office
Surkhet, Nepal
Chance Examination-2081

B.Ed. Level /VII Semester

Sub: Primary Health Care and Development (HEP 471)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. Which of the following is the main goal of Primary Health Care?
 - a. To promote health and prevent diseases
 - b. To provide specialized medical treatment
 - c. To offer high-tech diagnostic services
 - d. To build large hospitals
2. Primary Health Care services primarily focus on:
 - a. Hospital-based care for complex diseases
 - b. Preventive, promotive, and basic curative health services
 - c. Advanced surgical procedures
 - d. Exclusive use of pharmaceuticals
3. Which of the following is a core principle of Primary Health Care?
 - a. High specialization
 - b. Exclusively hospital care
 - c. Short-term medical interventions
 - d. Accessibility and affordability
4. According to the Alma-Ata Declaration, Primary Health Care is based on:
 - a. Comprehensive and community-based health services
 - b. Advanced medical technologies and treatments
 - c. Exclusive medical care for the affluent
 - d. Specialized care provided only in urban centers
5. Which of the following is an example of a key strategy in Selective Primary Health Care?
 - a. Strengthening primary healthcare teams to address every health concern
 - b. Mass immunization campaigns to prevent diseases like measles and polio
 - c. Building large hospitals to address complex health issues
 - d. Implementing comprehensive health education programs for all diseases
6. Which of the following is a major challenge in providing Primary Health Care in Nepal?
 - a. Lack of trained healthcare professionals in rural areas
 - b. High levels of technological infrastructure\
 - c. Sufficient health funding across all districts
 - d. Universal access to health services for all urban and rural populations
7. What is the primary goal of community development?
 - a. To increase individual wealth
 - b. To eliminate all forms of poverty immediately
 - c. To centralize decision-making in government
 - d. To empower individuals and groups to improve their quality of life
8. Which of the following is a common method used in community development to engage local people?
 - a. Organizing workshops and training sessions to build skills and awareness.
 - b. Imposing external solutions without consultation
 - c. Restricting community input and feedback
 - d. Focusing only on providing financial aid without other interventions
9. Which of the following is an essential element of effective community engagement?
 - a. Excluding certain groups from discussions to avoid conflict
 - b. Relying on top-down approaches and not considering community input
 - c. Ensuring that the community has a clear voice and influence over decisions that affect them
 - d. Limiting the participation to only the most influential members of the community
10. Which of the following is a key principle of sustainable community development?
 - a. Prioritizing economic growth over social and environmental factors
 - b. Focusing on short-term projects without community involvement
 - c. Balancing economic, social, and environmental needs to ensure long-term well-being
 - d. Focusing solely on technological innovation without considering the community's needs

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Level: B.Ed. / VII Semester

FM: 60

Time: 3 hrs.

PM: 30

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Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. Explain the concept of primary health care and outline its historical development.
2. Discuss the key elements of PHC and explain the significance of the Alma-Ata Declaration in shaping global health policies.
3. What are the main principles of Primary Health Care (PHC)? Mention and briefly explain two of them.

Or

Mention the concept of comprehensive and selective primary health care, and explain the differences between the two.

4. Mention the strategies of Primary Health Care (PHC) and explain the concept of needs-based planning.
5. Provide a list of Primary Health Care services and offer a detailed explanation of two selected services.
6. Define community development. Mention the principles of community development.

Or

List the sources of community development and explain them briefly.

Group 'C'

2 × 10 = 20

7. Why is Primary Health Care (PHC) important in the context of Nepal? What is the role of the District Health Office in delivering Primary Health Care?
8. Write the concept and definition of community participation. Mention the principles of community engagement.

Or

Explain the challenges in provision of PHC in Nepal and how PHC is revitalized? Discuss.

THE END