

Mid-West University
Examinations Management Office

End Semester Exam-2081

B.Ed. Level /V Semester

Sub: Adolescence Health and Sexuality (HEP453/454)

Roll No.

Group 'A'

10×1=10

Tick (✓) the Best Answer.

1. The period of is known as adolescence.
a. 10 to 19 years. b. 5 to 10 years
c. 30 to 40 years. d. 22 to 28 years
2. control the changes occurring during adolescence.
a. Hormones. b. Enzymes
c. Lymphatic. d. None of the above
3. What are the minimum ages for marriage of boys in Nepal?
a. 20 years b. 18 years
c. 16 years. d. 22 years
4. The best way to end child marriage is...
a. the widespread education
b. Providing financial assistance
c. employment opportunities
d. Making of Child Marriage Prohibition
5. The preference for a male or female partner - or both - is called what?
a. sexual identification. b. gender identity.
c. sexual orientation. d. sexual proclivity
6. Which age group has the highest number of new HIV cases being diagnosed each year?
a. 15-19. b. 20-24
c. 25-29. d. 30-34
7. Gender identity disorders almost always begin in
a. childhood b. adolescence
c. early adulthood d. Adulthood
8. Which type of family structure consists of parents and their biological children?
a. Extended family b. Nuclear family
c. Blended family d. Single-parent family
9. Which of the following is the most effective method to prevent the transmission of HIV and other STDs?
a. Using condoms during sexual activity
b. Avoiding sexual contact altogether
c. Using any over-the-counter medication before intercourse
d. Relying only on birth control pills
10. What is the main purpose of sex education for adolescents?
a. To encourage early sexual activity
b. To provide accurate information about human sexuality and help adolescents make informed decisions
c. To promote abstinence as the only option
d. To avoid discussing relationships and emotions

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Level: B.Ed. / V Semester

FM: 60

Time: 3 hrs

PM: 30

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Candidates are requested to give their answers in their own words as far as practicable.

Attempt All the Questions.

Group 'B'

6 × 5 = 30

1. Explain the concept of adolescent health and discuss its features.
2. Explain the importance of sexual and reproductive health-education for adolescents.
3. Define health risk behavior in adolescence.
Or
What are the health risk of unsafe abortions in adolescence?
4. Explain the importance of inclusive sexual and reproductive health education adolescence?
5. What are the consequences of negative peer influences during adolescence?
6. how does attraction to the opposite sex impact adolescence behavior and emotions?

Or

Why is a family considered the foundation of human life? How does attraction family contribute to the socialization of adolescent?

Group 'C'

2 × 10=20

7. How do cultural and societal norms shape adolescents understand of sexuality and sexual health.
8. Discuss the role of International organizations, such as UNICEF and UNFPA in promoting adolescent sexual and reproductive health.

Or

Explain the role of family and society expectations in the development of stress and mental health disorders during adolescence.

THE END